

PHYSICAL EDUCATION REPORT

School indoor games conducted on July 2nd at school indoor games area and ST.Thomas collage indoor stadium. Games conducted were Badminton, Carroms, Chess and Table tennis. Students from classes VIII to XII were allowed to participate in the games, girls and boys separate competition held.

SAHODAYA INDOOR GAMES.

Our school participated in sahodaya indoor games at Rajah School Chavakkad. School team participated in all the games and won many prizes...

FOOTBALL

Our team participated in cluster X football tournament held at CMI Public school Chalakudy, on 29th Oct – 1st Nov.

Our team participated in sahodaya football tournament at Ansar English School Perumbilav; on 5th Dec – 9th Dec. We entered the quarter finals in which 44 teams were participated.

ATHLETIC MEET

Cluster X Athletic meet hosted by Pragati Academy Perubavoor, conducted at Maharajaha's, Ernakulam. 11 Students participated in the meet and the result as follows.. **ASWIN**

CHARLES- XII C (UNDER 19 CATE) 1ST 100MTS SELECTED FOR NATIONAL MEET AT CHHATTISGARH

JOEVIN N JOHNSON –XII F (UNDER 19 CATE) 1ST 400MTS 2ND 200MTS SELECTED FOR NATIONAL MEET AT CHHATTISGARH

3RD-4X100 MTS RELAY (UNDER 19 CATE) P M NIRMAL ,AJITH K , ASWIN CHARLES JOEVIN N JOHNSON

BASKETBALL

School basket ball team participated in sahodaya tournament at Holy Cross Arthat Kunnankulam.

Same team also represented the school at CBSE cluster X basketball tournament at Kannur

KABADDI

Sahodaya kabaddi tournament was hosted by Kailasanadha Vidhyanikethan Mullakkara, our school team participated in the tournament ..

ANNUAL ATHLETIC MEET 2019-20

School Annual Sports Day conducted on 20th November 2019 at St. Thomas Thope Stadium. Miss Riya (Indian international in the field of power lifting) inaugurated the Sports Day. Sports Day made colourful by the band set, N.C.C. and march-past of 4 groups. Sports competitions conducted in 4 categories – Kiddies, Sub-junior, Junior and Senior Section. Winners were given medals and certificate on the same day.

L P Section sports day also conducted on the same day Sr. Rose Mary Plakkal (Vice Principal) inaugurated the sports day. Competitions were conducted class wise and many sports events and interesting events were included in the competitions. Prize winners were awarded with certificate and medals.

HAND BALL

Sahodaya Handball Championship was conducted on 4th Dec 2019 at Blooming Buds Bethania; kunnankulam. Our boys and girls teams were participated in the tournament. Both teams entered in quarterfinals.

KIDS ATHLETIC MEET

Kid's athletics were conducted by XL athletic Academy for children below 10 years .from our school 11 members were participated in the tournament on 20th Oct 2019 at st.Thomas Collage Thope stadium Thrissur.

KHO-KHO

Sahodaya Kho Kho tournament was conducted on 18th Dec 2019 at Kulapathy Munshy Bhavans Vidhya Mandir ,Pottore . Our school secured second runner up in the competition